

## Conference program Thursday 26 July – Eight half day workshops will be conducted

Time	Workshop Title	Presenter
09.30-12.00	Concurrent morning workshops	
Workshop 1	Using the heiQ – Australia's chronic disease self-management quality and monitoring system	Ms Natasha Davidson, Research Fellow, Centre for Rheumatic Diseases, The University of Melbourne
Workshop 2	A whole systems approach to self-management: what works and what doesn't	Professor Anne Rogers, National Primary Care Research and Development Centre, The University of Manchester
Workshop 3	Chronic Condition Self-Management: Partnerships with Patients	Associate Professor Malcolm Battersby, Director, Flinders Human Behaviour & Health Research Unit, Flinders University
Workshop 4	Coordinating chronic disease self-management in the primary healthcare setting – showcasing innovation	Primary Health Branch, Department of Human Services, Victoria
14.30 – 17.00	Concurrent afternoon workshops	
Workshop 5	Challenging Arthritis: an internet based initiative to reach people in regional and remote areas	Ms Jackie Louth, Arthritis Educator, Arthritis Foundation of New South Wales
Workshop 6	The LIFE program – improving long-term health outcomes for Aboriginal & Torres Strait Islander Australians (tbc)	Ms Kate Warren, Spencer Gulf Rural Health School, University of South Australia
Workshop 7	Evaluation of chronic disease self-management programs: A framework to ensure the right outcomes are assessed at the right time	Dr Richard Osborne, Senior Lecturer, NHMRC Population Health Fellow, Centre for Rheumatic Diseases, The University of Melbourne
Workshop 8	Introducing innovation in to healthcare: how to generate a sustainable service	Ms Jenni Livingston, Senior Lecturer, Centre for Health Program Evaluation, School of Population Health, The University of Melbourne

## Welcome Reception



Join presenters, fellow delegates and the committee in officially opening the Conference in style for an evening of canapés and drinks at Sofis, Sofitel Melbourne.

Thursday 26 July 2007  
6-8pm  
Sofis, Sofitel Melbourne  
\$60 per person

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Time	Item
8.00am-4.50pm	Registration Opens
9.00am-9.20am	<b>Conference Opening</b> Professor Glyn Davis, Vice Chancellor, The University of Melbourne The Honourable Minister Bronwyn Pike, Minister for Health, Department of Human Services
9.20am-10.25am	<b>CDSM: International &amp; National Perspectives</b> Chair: Mr Richard Eccles, First Assistant Secretary, Primary and Ambulatory Care Division, Department of Health and Ageing
9.20am-10.00am	<b>The UK Expert Patients Programme: results and implications from a national evaluation</b> Professor Anne Rogers, National Primary Care Research & Development Centre, University of Manchester
10.00am-10.25am	<b>Why is high quality self-management for chronic conditions imperative for Australian health care?</b> Dr Richard Osborne, Centre for Rheumatic Diseases, The University of Melbourne
10.25am-10.55am	Morning Tea
10.55am-12.25pm	<b>What is the breadth and depth of self-management interventions?</b> Chair: Ms Judy Daniel, Assistant Secretary, Primary Care and Chronic Disease Branch, Department of Health and Ageing.
10.55am-11.15am	<b>Implementing best practice for a chronic disease: management of osteoarthritis:Where does self-management fit in?</b> Dr Caroline Brand, Director, Clinical Epidemiology & Health Services Evaluation Unit, Royal Melbourne Hospital
11.15am-11.35am	<b>Self-management at the coalface: the Flinders model of clinician administered self-management support</b> Associate Professor Malcolm Battersby, Flinders University, South Australia
11.35am-11.55am	<b>Self-management education en mass: Effectiveness of a population based multi-media campaign: 'Back pain, don't take it lying down'</b> Professor Rachelle Buchbinder, Monash Department of Clinical Epidemiology, Cabrini Hospital
11.55am-12.15pm	<b>Why is the vision for chronic disease self-management important to the Private Health insurance industry?</b> Dr Michael Armitage, Australian Health Insurance Association
12.15pm-12.25pm	Panel Session – self management across the healthcare continuum
12.25pm-1.25pm	Lunch
1.25pm-3.05pm	<b>Operationalisation of self-management across Australia</b> Chair: Professor Graham Brown, Director, Nossal Global Institute of Health, The University of Melbourne
1.25pm-1.45pm	<b>Chronic disease self-management in primary health care: evidence &amp; practice</b> Professor Mark Harris, Centre for Primary Health Care and Equity, University of New South Wales
1.45pm-2.05pm	<b>Developing the capacity of the primary healthcare sector to respond to chronic disease – Victorian initiatives.</b> Dr Jenny King, Director, Programs Branch, Metropolitan Health and Aged Care Services, Department of Human Services, Victoria
2.05pm-2.25pm	<b>System changes to increase self-management support in South Australia</b> Mr Bruce Whitby, Manager, Primary Health Care & Chronic Disease Strategies, Department of Health, South Australia
2.25pm-2.45pm	<b>Self-management policy initiatives in Queensland</b> Professor Andrew Wilson, Executive Director, Policy, Planning and Resourcing Division, Queensland Health

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Time	Item
2.45pm-3.05pm	Self-management policy initiatives in Western Australia Ms Karina Moore, Senior Development Officer, Health Policy & Clinical Reform, Department of Health, Western Australia
3.05pm-3.35pm	Afternoon Tea
3.35pm-4.25pm	<b>Expert Panel Session</b>  Key issues in the operationalisation of self-management in Australia Facilitator: Dr Norman Swan, Host of ABC Radio National Health Report
4.25pm-4.40pm	<b>Chronic Disease Self-Management: The Way Forward Where to from here?</b>  Professor Nikolas Glasgow, Director, Australian Primary Health Care Research Institute, Australian National University
4.40pm-4.50pm	Conference Closing

### Registration Information

#### Who Should Attend

More than 700 delegates are expected to attend The Way Forward: Chronic Disease Self-Management in Australia from a vast range of the industry including

- State and federal government health policy makers
- Program developers and managers
- General Practitioners and medical specialists
- Physiotherapists
- Nurses
- Consumers
- Non-government organisations
- Occupational Therapists
- Community Health Educators
- Researchers

#### Registration Fees

##### Early Bird, by 11 June 2007

Half Day Workshops – Thursday 26 July 2007	\$150
Conference Sessions – Friday 27 July 2007	\$310

##### Standard (After 11 June 2007)

Half Day Workshops – Thursday 26 July 2007	\$150
Conference Sessions – Friday 27 July 2007	\$370

#### Registration Entitlements

##### Half Day Workshops Registration

- Attendance to selected half day workshop on Thursday 26 July
- Refreshments (morning or afternoon tea)

##### Full Registration

- Attendance to full day conference program on Friday 27 July
- Morning and Afternoon teas and lunch during Conference
- Delegate Satchel and Program

### General Information

#### Venue Information

Sofitel Melbourne - 25 Collins Street, Melbourne

#### Dress Code

Please note that dress standard for the conference will be smart casual.

#### Insurance

Delegates are strongly advised to secure appropriate travel and health insurance. Delegate Registration Fees do not provide any such insurance coverage. The Conference Organising Committee and the Conference Office accepts no responsibility for any loss in this regard.

#### Conference Office

Melbourne Conference Management  
Union House, The University of Melbourne  
Victoria, 3010, Australia  
Phone: + 61 3 8344 6107  
Facsimile: + 61 3 8344 0013  
Email: crd2007@union.unimelb.edu.au

## Accommodation Information

Hotel rooms have been reserved for conference delegates at special accommodation rates with the following hotel establishments, all within walking distance to the Conference Venue. Accommodation can be booked when registering for the conference either via the downloadable form or the online registration form.

Accommodation bookings via the Conference Secretariat must be made by Friday 22 June 2007 and accompanied by a minimum deposit payment of one night's rate to secure the reservation. If full payment on the hotel booking is not received, credit card details must also be supplied for the Conference Secretariat to provide to the hotel as a guarantee of the remaining balance.

Star Rating	Hotel	Room Types	Cost
5	<b>Sofitel Melbourne</b> 25 Collins Street Melbourne, VIC 3000 (Conference Venue)	Superior King or Twin Rooms	\$250per night \$250per night
4.5	<b>Punt Hill Manhattan</b> 57 Flinders Lane Melbourne, VIC, 3000	One Bedroom Apartment or Two Bedroom Apartment	\$175.00 per night \$250.00 per night
4.5	<b>Punt Hill Little Bourke</b> 11-17 Cohen Place Melbourne, VIC, 3000	One Bedroom Apartment	\$175.00 per night
4	<b>Mecure Hotel Melbourne</b> 13 Spring Street Melbourne, VIC, 3000	Double Room	\$145.00 per night
3	<b>Victoria Hotel</b> 215 Little Collins Street, Melbourne, VIC, 3000	Double Room or Twin Room	\$110.00 per night \$110.00 per night

Please review the following important booking information and conditions prior to booking your accommodation.

### Important booking information and conditions

1. The above rates include the Australian Goods and Services Tax (GST).
2. Rates may increase without notice due to changes in government charges, taxes or levies.
3. Room only rates do not include breakfast.
4. Accommodation bookings are to be made via the registration form.

**Rates.** Accommodation held by the Conference Managers has been secured at highly competitive rates for Conference delegates.

**Deposit.** Rooms are being held by Melbourne Conference Management on behalf of the delegates until Friday 22 June 2007. All bookings must be accompanied by a minimum deposit payment of one night's rate to secure the reservation. If full payment on the hotel booking is not received, credit card details must also be supplied for the Conference Secretariat to provide to the hotel as a guarantee of the remaining balance. Melbourne Conference Management will accept accommodation deposits up until Friday 22 June 2007 and will settle the deposit with the hotel. Delegates must settle the balance of their account with the hotel concerned upon checkout.

### Change of Booking.

Any change to a reservation must be notified to Melbourne Conference Management and not directly to the hotel. Please note, any changes should be made in writing to Melbourne Conference Management by Friday 22 June 2007.

### Late Arrivals.

Please indicate on your registration form or notify Melbourne Conference Management in writing if you will arrive at your hotel after 1800 hours, failure to do so may mean that your room will be released.

### Arrival Time.

Hotel check-in time is usually 1500 hours. If you are to arrive before this time it is probable that you will not be able to gain access to your room. To guarantee a room to be available for an early arrival you will need to pre-register and pay for your room for the previous night. If required please indicate on your registration form.

### Accommodation Refunds.

The deposit is non-refundable if you cancel your accommodation booking on or after Friday 22 June 2007 and will also be forfeited if you do not arrive on the date for which you have booked.

### Cancellations must be made in writing.